



MOTIVATING MY TEAM

I supervise a work team of individuals with very different technical skills and very different personalities. What is the #1 way to motivate employees even in a team with these diverse personalities?



Many research studies and books exist on motivating employees, but the one thing that dominates most lists is personally thanking employees for good performance. Hastily uttered ‘good job’ comments may not communicate sincere thanks. Expressing gratitude requires thoughtfulness. Your employees have great phony detectors! Don’t waste the opportunity, make appreciation genuine. A good start?

- Stop, breathe deeply, focus on the employee’s contribution.
- Look inward...
- Examine your own personal reaction to what was done well.

- Feel the gratitude...
- Examine immediate and long-term impacts.
- Visualize the benefits.

Now use this energy and awareness to communicate appreciation. Praise put in writing will have 10 times the positive impact of a verbal thanks. For some leaders, this comes more naturally, for all leaders it is a critical soft skill. Can the EAP help you be a more genuine and authentic leader? Coaching for communicating authentic gratitude is great employee assistance! Contact Connections at 800.779.6125.

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Leadership Orientation Training - Session B

Watch for up coming classes.

CONTACT US TODAY:

Please contact our office by calling 800-779-6125 or e-mailing (info@connectionseap.com) for more information or register online:

www.connectionseap.com

ATTENTION: SUPERVISORS, MANAGERS, ADMINISTRATORS:

Session A: “Leadership Orientation to the EAP”, is always available on the website. Please check your wallet cards or contact your HR department for your username and password.

Website Information – Webinars are available in the Work/Life Services site. Log in on Connections website go to Employee or Leadership Resources tab to access webinars, continue to scroll down on the Work/Life Services opening page. (All webinars are archived for later viewing.)

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