



EFFECTS OF ANGER IN THE WORKPLACE

My employee is a hothead, but most of us are use to it. When does anger become a performance issue?

Consider whether your employee's anger management problem is a serious performance issue now.

The challenge of
LEADERSHIP
is to be strong, but not rude;
be kind, but not weak;
be bold, but not bully;
be thoughtful, but not lazy;
be humble, but not timid;
be proud, but not arrogant;
have humor, but without folly.
— Jim Rohn

Leadership Orientation Session B - Virtual

Thursday June 16, 2022
9:00 am – 11:30 am

CONTACT US TODAY:

Please contact our office by calling 800-779-6125 or e-mailing (info@connectionseap.com) for more information or register online:
www.connectionseap.com

Ask yourself, “What behaviors are counter-productive? Does the anger create a reduction in the speed, quality, or creativity of the hothead? Is anyone else impacted in these ways right now? What examples can be documented today?” Accepting toxic behavior encourages others to do the same. Putting up with inappropriate displays of anger enables and encourages future bad behavior. You can bet that not all employees feel this behavior is benign or that it should be ignored by management. Anger is associated with violence in the workplace, and the anger issue you describe might benefit from a professional evaluation.

So, the behavior is a risk issue. Could an explosive incident in the future lead to some tragedy?

Absolutely! The behavior is likely creating an offensive and hostile work environment. Take steps to have the employee correct the behavior by referring him or her to the EAP. You will be wise to consult with the EAP, your HR department and/or managers up the chain of command as you plan a well-defined, safety conscious, approach to this person. Corrective action plus EAP referral may be desirable if this explosive behavior already hinders positive teamwork and/or negatively impacts productivity already today!

ATTENTION: SUPERVISORS, MANAGERS, ADMINISTRATORS:

Session A: “Leadership Orientation to the EAP”, is always available on the website. Please check your wallet cards or contact your HR department for your username and password.

Website Information – Webinars are available in the Work/Life Services site. Log in on Connections website go to Employee or Leadership Resources tab to access webinars, continue to scroll down on the Work/Life Services opening page. (All webinars are archived for later viewing.)

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