



## THE EAP AND YOUR EMPLOYEE'S MENTAL

**I referred my employee to the EAP, and the employee was very cooperative. The next day, I discovered he checked into a psychiatric unit for acute depression, but did not go through the EAP. I am surprised, but happy he got help. Should I work with the hospital directly or get the EAP involved in some way?**



You should contact the EAP and let the program know about the issues involved in the case. The EAP won't be able to initiate contact with the employee directly, but you can do so in a number of ways that friends, family, and employers typically do. The hospital will be a gatekeeper for this communication. Informing the hospital about the existence of the EAP will likely lead to the staff approaching the employee to encourage use of the program upon discharge. Local hospitals usually maintain close relationships with EAPs in their geographical areas and are very familiar with the sort of issue you have described.

Regardless, upon discharge and return to work, encourage your worker to use the confidential and valuable follow-up services the EAP can provide. Realize that communication with the EAP prior to a supervisor referral is the ideal approach. Your EAP's specialized focus is employee wellbeing, optimum productivity and collaboration in the work team. EAP case management helps ensure optimum follow through, return to work, post treatment care and self-help strategies. When medical professionals, both at a local hospital and/or your EAP, have background information case management for current and future service is optimized.

### **Leadership Orientation Session B**

Friday, Sept. 10th, 2021  
9:00 am - 11:30 am (online)

#### **CONTACT US TODAY:**

Please contact our office by calling 800-779-6125 or e-mailing (info@connectionseap.com) for more information or register online:  
[www.connectionseap.com](http://www.connectionseap.com)

#### **ATTENTION: SUPERVISORS, MANAGERS, ADMINISTRATORS:**

Session A: "Leadership Orientation to the EAP", is always available on the website. Please check your wallet cards or contact your HR department for your username and password.

Website Information – Webinars are available in the Work/Life Services site. Log in on Connections website go to Employee or Leadership Resources tab to access webinars, continue to scroll down on the Work/Life Services opening page. (All webinars are archived for later viewing.)

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