



IS COVID - 19 CAUSING WORRIES IN THE WORKPLACE?

Should I refer an employee to the EAP if the employee tests positive for COVID-19, or expresses worries about contracting the virus?

Yes, a suggestion to use the EAP on a self-referral basis is very appropriate. The coronavirus has tremendous controversy associated with it, medically much is still unknown, and misinformation

Worries about exposure, being diagnosed, or seeing loved ones suffering are real. Having anxiety about whether the illness will be terminal is scary.



abounds. The year 2020 has, to a great degree, slowed our fast-paced tech-oriented culture. A culture in which it can be difficult to give up the illusion that we can completely control our environment - including the Covid-19 pandemic. Anxiety and a sense of helplessness are real.

Victims of the disease may wonder how they got it, if or who they passed it on to, and it all may generate guilt and concern. They also may worry, or question things like: What are the long-term side effects? What information should I trust? Does this disease cause heart problems or other organ damage? The EAP will offer help or obtain the support needed to help your employee work through some very realistic fears.

Leadership Development Seminars
Jan. 26, 2021 1:00pm - 3:30pm

Leadership Orientation B Seminars
Feb. 5, 2021 9:00am - 11:30am

CONTACT US TODAY:

Please contact our office by calling 800-779-6125 or e-mailing (info@connectionseap.com) for more information or register online:

www.connectionseap.com

ATTENTION: SUPERVISORS, MANAGERS, ADMINISTRATORS:
Session A: "Leadership Orientation to the EAP", is always available on the website. Please check your wallet cards or contact your HR department for your username and password.

Website Information – Webinars are available in the Work/Life Services site. Log in on Connections website go to Employee or Leadership Resources tab to access webinars, continue to scroll down on the Work/Life Services opening page. (All webinars are archived for later viewing.)

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